

PEREGIAN BEACH SURF LIFE SAVING CLUB



Preliminary Assessment - Pool Swim Active Proficiencies and New Bronze/SRC Members

This form is to be completed when an assessor is not available. All members are required to complete a preliminary swim in a pool of no less than 25 metres or over a measured open water course with adequate water safety.

The swim must be assessed by an accredited coach and will only be accepted as valid if the coach is accredited and supplies their accreditation number.

Members who cannot demonstrate the required level of competency will not be permitted to continue with training or proficiency assessment.

Qualification	Preliminary Assessment
Bronze Medallion (BM)	400-metres freestyle in 9 minutes or less
Surf Rescue Certificate (SRC)	200-metres freestyle in 5 minutes or less
Active Proficiency (BM prof/SRC prof)	As above

Name:	
Qualification:	Swim Time:
Coach's Declaration: The Above mentioned swimmer has successfully completed a preliminary pool swim assessment for the appropriate qualification.	
Coach's Name:	
Accreditation Number:	Expiry:
Coach's Signature:	Date: