



BMD NORTHCLIFFE PRESENTS.... 2008 DOLPHIN OCEAN CLASSIC

4TH OCTOBER 2008

**\$35,000
IN CASH & PRIZES TO BE WON**

It is our pleasure to invite you to Australia's premier long distance surf racing event. Fast becoming the top endurance event on the Surf Sports Calendar, the 2008 Dolphin Ocean Classic, presenter by BMD Northcliffe Surf Club is set to be bigger and better than ever, with the Ocean Swim, Beach Run, Marathon Surf Ski and Board paddling events. Events this year will be open to athletes from U11 through to over 50's and will include for the first time Ocean ski and Ocean Board races.

RACE BRIEFING:

There will be compulsory RACE BRIEFING in the Training Room at Northcliffe Surf Club (Times Below). All competitors MUST attend irrespective of when your race starts. You will be issued with race numbers and competitor packs from 7am at BMD Northcliffe Surf Club on race day.

All Ski Paddlers:	8am
U15 - Master Board Paddlers:	8.30am
U11 - U14 Board Paddlers:	8.15am
All Runners:	12noon
U15 - Master Swimmers:	1.10pm
U11 - U14 Swimmers	9.45am

SETTING OF COURSES:

It is important to note that constant observation of the wind and sea conditions will be made prior to and on the race day, via the internet, weather bureau and Coast Watch.

Ski & Board Courses: Subject to the conditions the course may be altered to favour the paddlers (eg. a north to south or south to north course). In the event of calm weather all ski and board paddlers in all age groups will start and finish at Northcliffe Beach. The preference is for racing to travel with the prevailing wind parallel to the beach with designated turning buoys throughout the course, therefore keeping all paddlers as close to shore as possible to enhance spectator viewing and media involvement. At no time will any unnecessary course be taken or course changes made that will endanger the safety of any paddlers or safety vessels.

NOTE: Ski paddlers must carry a minimum of one (1) litre of drinking fluid in this race..... (This fluid must be attached securely to the person or craft)

Run / Swim Course: Subject to the conditions the course may be altered to favour the runner / swimmer (eg. a sheltered beach if conditions are deemed too rough).

MORE COURSE DETAILS WILL BE PROVIDED AT BRIEFING ON RACE DAY!

RACE DISTANCES:

Ski Race (9.30am Start):	U17,U19, Open, 30 to 39, Ocean Skis - 20km 40 to 49, 50+ - 10km
Board Race (8.45am Start Nippers):	U11, U12, U13, U14 - 2km
(10.15am Start Seniors):	U15, 40 to 49, 50+ - 5km U17, U19, Open, 30 to 39, Ocean Boards - 10km
Beach Run (12.30 Start):	All competitors 2km
Ocean Swim (10am Start Nippers):	All competitors 1km
(1.30pm Start)	

ENTRIES:

Entries are done via Carnival Manager (Qld Surf Clubs only) or non SLSQ members can post entries to:

Surf Life Saving Queensland

"Dolphin Ocean Classic"

PO Box 3747

South Brisbane 4101

Entries close 5pm Friday 19th September 2008.

Late entries taken up until Race Day

For more information please contact:

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